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**Danville Cancer Association**  
223 Riverview Drive, Suite J  
Danville, VA 24541

**NEW THIS YEAR:  
40 mile Bike Ride!**

# 7th Annual BRIDGE to BRIDGE 5K & 10K

1-Mile Fun Run  
5-K Run  
5-K Walk  
& 10-K Run

*On Danville's Scenic  
River Walk Trail  
and River City District*

**NEW THIS YEAR:  
40 mile Bike Ride!**

Sat, April 9, 2016

8:00 - Bike Ride  
9:00 a.m. - 1-Mile Fun Run  
9:30 a.m. - 5-K Run/Walk  
9:30 a.m. - 10-K Run

**Rain or Shine**

Proceeds will be used to support the efforts of the  
**Danville Cancer Association**

## Our Sponsors

*Corporate Sponsor*



**Danville Regional**  
MEDICAL CENTER

*Race Facilitators*

**Danville Parks, Recreation & Tourism  
Danville Running & Fitness Club**

## About Danville Cancer Assoc.

Danville Cancer Assn. is a local, United Way organization that provides patient aid to cancer patients in our community. DCA also offers educational programs, literature, and sponsors A monthly support group.



### Services provided in 2015

Service	Cost
Patient Prescriptions	\$ 70,000.00
Patient Travel	\$ 85,000.00
Patient Supplies	\$ 21,000.00
Wigs provided	\$ 5,400.00
<b>Total Services:</b>	<b>\$ 181,400.00</b>

**Number of Clients Served in 2015 300**

For more information about DCA, call or write:  
**Danville Cancer Association**  
223 Riverview Drive, Suite J  
Danville, VA 24541; Phone: (434) 791-3227  
E-mail: [hope@gamewood.net](mailto:hope@gamewood.net)

**DONATIONS:** All donations or sponsorships are tax deductible as allowed by IRS regulations and you will receive a tax receipt letter from the DCA for your records. Consult with your tax professional for further clarification.

# NEW THIS YEAR: 40 mile Bike Ride!

If you are an experienced cyclist and don't wish to walk or run, please join us for our inaugural 40 mile bike ride to benefit the Danville Cancer Assoc. For your safety, experienced riders only please. Please visit us at [bridge2bridgedanville.com](http://bridge2bridgedanville.com) for more information regarding the ride and to read and sign the waiver.

## HELMETS ARE REQUIRED!



## Location

All race activities will commence at the Danville Community Market, 629 Craghead Street, Danville, VA. Packet pick-up and same-day registration will be held at the same location as will the awards presentations.

## Directions:

For directions to the Community Market as well as race course maps and bike course map/directions, please visit [bridge2bridgedanville.com](http://bridge2bridgedanville.com).

For more INFORMATION, or to VOLUNTEER call: Kim at (434) 791-3227 or Karen at (434) 791-3737

## Information

**REGISTRATION PROCEDURES:** Entry fee is \$25.00 (\$30.00 on race day) (no refunds). There will be race day registration and packet pick-up from 7:30 a.m. - 8:30a.m. sharp at the Community Market. Entry forms will be available at Karen's Hallmark Shop, The Danville Family YMCA as well as The Brick Tri and Running Store. We reserve the right to reject any entry. Entries should be mailed no later than April 1, 2016.

**1-MILE FUN RUN REGISTRATION:** \$10.00, (on race day \$12.00 each child) for children 10 and under only.

**ON-LINE REGISTRATION:** You may register online by visiting [bridge2bridgedanville.com](http://bridge2bridgedanville.com), or [danvillerunner.org](http://danvillerunner.org) until 12 noon on April 7, 2016.

**RESULTS:** Chip timing provided by On the Mark Sports. All finishers will receive post race e-mail results, and online results will be posted at [bridge2bridgedanville.com](http://bridge2bridgedanville.com) as well as [onthemarksports.com](http://onthemarksports.com) within 12 hours of the race.

**WALKERS:** Please NOTE: Walkers should plan to WALK ONLY. If you wish to combine walking and jogging, you should register for the 5-K RUN. If you register for the 5-K WALK, you should not run at all or you may be disqualified and not be eligible for a trophy.

**RACE PACKETS:** T-shirts to first 250 registrants (registered prior to March 1, 2016). Registration and early packet pickup will be available Friday April 8, from 5:00 pm to 7:00 pm at Danville's Community Market.

**LIQUIDS:** At turn-arounds and finish.

**PETS:** For their safety and ours, we ask that you refrain from bringing your animals onto the race course.

### AWARDS:

**TEAMS** - All teams will have a minimum of 4 participants. One Team award will be given for the 5-K Walk; 5-K Run, and 10-K. There will also be awards for the largest team in each event. Winners will be determined by the times of the first three finishers on each team. For specific questions about team competition, please call Wendy Hermann at 434-250-4994.

**AWARDS FOR 5-K RUN, 5-K WALK, & 10 K RUN** are as follows for each race: First 3 male and female overall; first male and female master; and to first three males and females in each age group (0-14, every 5 years up to 69, 70 and over.)

**FUN RUN** First 3 overall male or female finishers and ribbons to all participants.

## Official Entry Form

# Bridge-to-Bridge 5-K & 10-K

Sat. April 9, 2016 - Rain or Shine  
(Please fill out completely. Print clearly)

Last Name First Name M.I.

Street Address

City

State ZIP

E-Mail address Please provide for for post race results.

Phone (please include area code) Age (as of 4-9-16)

Emergency Contact (name) Emergency Contact (phone)

Sex  M  F; Place of Employment

Event:

5-K Run  5-K Walk  10-K Run  Fun Run  Bike Ride

Team Name: \_\_\_\_\_

Shirt Size:  S  M  L  XL

Are you a cancer survivor? (Optional)

**5-K & 10-K & Bike Ride: \$25.00 (\$30 on race day)**

**Fun Run: \$10.00 (\$12.00 on race day)**

**Note: Entry fee is NOT tax deductible.**

Make checks payable to:

Danville Running & Fitness Club

Mail check & entry form to Danville Cancer Assn;  
223 Riverview Drive, Suite J; Danville, VA 24541

### WAIVER: (Must be signed)

In acceptance of this entry, I waive and release the sponsors, organizers and representatives of the Bridge to Bridge event from any and all claims resulting in i Se the use of my name or any record of my participation in this event for promotional or publicity purposes without obligation to me.

Signature Date

Print

Parent signature (if under 18 years old)